

ANNUAL REPORT



 hispanichealthcouncil.org

 175 Main St., Hartford

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A special message from our Board Chair and CEO

The Hispanic Health Council is a nationally recognized, statewide community-based organization, whose mission is to promote equity and address health disparities for Hispanics, Latinos, and other vulnerable communities through research, advocacy, and culturally resonant services. Over multiple decades we have established a deep relationship of trust and respect with the communities we serve.

This past fiscal year the Hispanic Health Council restructured our service delivery model to ensure more clients are being served in a compassionate, equitable, and trauma informed manner. To accomplish this we committed ourselves to integrated, easily accessible, and sustainable models using a highly collaborative approach. For example, we developed a Family Wellness Center that addresses 8 domains of wellness, through a collaboration of 15 partners, at 1 location in the heart of the Hispanic community. We also moved our behavioral care operation, the Compassion Center, within direct proximity to our primary care partners and our impending pharmaceutical partners. In addition, we reinvigorated our research center and advocacy activity.

The Hispanic Health Council has nearly 100 staff members, multiple volunteers and community partners. The majority of our highly qualified and committed staff and volunteers are bilingual, culturally competent, and represent a wide variety of Hispanic countries. This annual report reflects their impact and provides evidence that we are all connected.

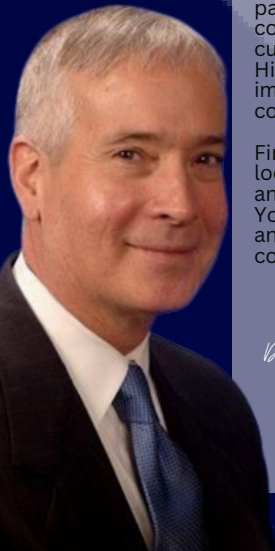
Finally, we want to thank all of our federal, state, and local government funders, our community partners, and our hundreds of donors for all of your support. Your confidence in our ability to steward these funds and contracts, and your commitment to the Hispanic community cannot be overstated. Thank you.

Dr. Luis Diaz-Morales

Board Chair

Kenneth A. Barola, MBA

CEO

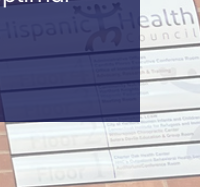


ABOUT Us

The Hispanic Health Council is a nationally recognized, statewide community-based organization, whose mission is to improve the health and social well-being of Latinos and other diverse communities. We achieve our mission through four core pillars: community-based participatory research, evidence-based direct services, and system and policy advocacy.

Over multiple decades we have established a deep relationship of trust and respect with the communities we serve through our commitment to social justice. These pillars and values uniquely position us to impact social determinants of health at individual and community levels, and to influence inequitable systems and policies that impede the ability of diverse populations to achieve optimal health and well-being.

Charter
Promoti



To promote equity and address health disparities for Hispanics, Latinos, and other vulnerable communities through research, advocacy, and culturally resonant services.



MISSION

Hispanics and other diverse populations reach their fullest potential and achieve a healthy and fulfilled life.

VISION





Our Centers

During the last fiscal year we reorganized our programs and services into six Centers, which is consistent with the needs of the community we serve.

Our Centers include:

- **Compassion Center**
- **Community Nutrition Center**
- **Parent & Family Learning Center**
- **Health Protection and Education Center**
- **Family Wellness Center**
- **Maternal Health Center**

BOUT

Our centers

COMPASSION CENTER

The Compassion Center provides culturally appropriate behavioral health services using a holistic approach for treatment in a welcoming and trusting environment.



COMMUNITY NUTRITION CENTER

The Community Nutrition Center offers programs and services designed to improve healthy lifestyles including nutrition and physical activities across the life course in socioeconomically vulnerable communities.



PARENT & FAMILY LEARNING CENTER

The Parent & Family Learning Center provides a continuum of support to guide families collaboratively through childhood and adolescence.



Our centers

HEALTH PROTECTION AND EDUCATION CENTER

The Health Protection & Education Center provides culturally sensitive community-based services to protect the health of individuals and communities focusing on the prevention and mitigation of infectious, chronic diseases and violence.

We also provide supportive employment and case management services to improve the well-being of clients with a history of addiction or mental health conditions.



FAMILY WELLNESS CENTER

The Family Wellness Center serves as a community for local families seeking holistic care, support, and opportunities (mind, body, and spirit).



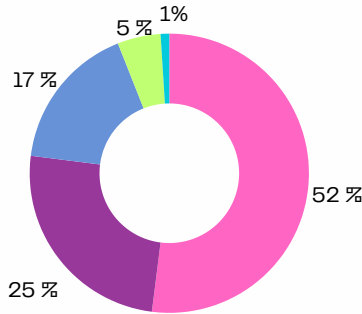
MATERNAL HEALTH CENTER

The Maternal Health Center provides culturally sensitive integrated services for women before, during and after pregnancy. Services are delivered by community health workers, at hospitals, homes, virtually, by telephone or any other comfortable setting.



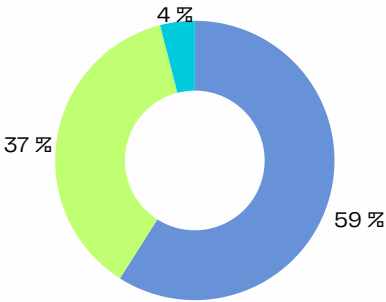
Clients Served

Ethnicity



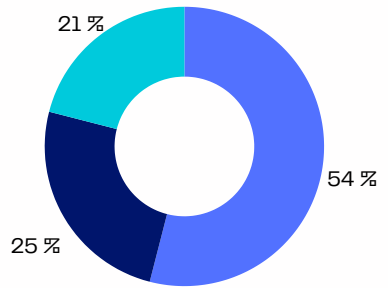
- LATINO
- BLACK
- WHITE
- UNKNOWN
- MULTIRACIAL

Gender



- WOMEN
- MEN
- UNKNOWN

Age



- CHILDREN <18
- ADULTS 18-59
- OLDER ADULTS



HIGHLIGHTS

Compassion Center

The Compassion Center provides culturally appropriate behavioral health services using a holistic approach for treatment in a welcoming and trusting environment.

COMPASSION CENTER

In 2013, the Hispanic Health Council merged with Hispanos Unidos. The clinic was located in New Haven. In July of 2022, the Clinic was relocated to Hartford. In January of 2023 it was re-branded as the Compassion Center.

The relocation of the clinic allowed for the implementation of a collaborative and integrated care model (behavioral health care, primary care, pharmacy), and addresses expandability for future growth, improving patient experience and patient flow, and access to care. It is also in response to the increased demand for bilingual mental health services in the Hartford area.

Our clinic provides bilingual behavioral & mental health services for adults (18 years old and older), affected by social stressors, employment stress, relationship/marital problems, grief, life transitions, depression, anxiety/stress, domestic violence, trauma.

We also hired a new Chief Medical Officer for the Hispanic Health Council as well as the clinic to complete a highly professional group of bilingual practitioners. We offer extended hours for the convenience of our clients and recently incorporated a free HIV testing clinic, as part of the services provided at the Compassion Center.



*"WE ARE THE BRIDGE
FOR MENTAL HEALTH
AND WELLNESS."*



HIGHLIGHTS

Family Wellness Center

The Family Wellness Center serves as a community for local families seeking holistic care, support, and opportunities (mind, body, and spirit).

FAMILY WELLNESS CENTER

Despite the hard work done by the Hispanic Health Council for more than 45 years, disparities continue to exist around poverty, education, health and access to healthcare that can only be reduced through a community-based, integrated, holistic, and collaborative approach to wellness.

The recently opened Family Wellness Center (formally known as Mi Casa), is located at 590 Park Street (Hartford, CT). The services we provide have a health equity focus and are trauma-informed. This services address eight wellness domains: physical, intellectual, occupational, spiritual, social, emotional, financial, and environmental.

The services provided at the Center are a unique collaboration between the public, private, and non-profit sectors.

FAMILY WELLNESS CENTER PARTNERS





HIGHLIGHTS

A vision re-invigorated: Research Center

Our recently re-imagined Research Center conducts community-based participatory research (CBPR) to fully engage community members in identifying health-related needs and designing needed programmatic and policy/system changes to address them.

RESEARCH CENTER

Since its origins, one of the main pillars of the Hispanic Health Council has been the community-based participatory research.

Through all these years, research has provided the Hispanic Health Council with:

- Continued exposure to new findings on health issues in the community
- Regular involvement with collaborators at various universities and research centers, and with events at the regional, national and international levels
- A need to stay constantly aware of the expanding edge of relevant knowledge
- Competent research staff whose interaction with front-line service providers has served as a productive launching pad for new ideas and initiatives

As the Hispanic Health Council has grown and evolved over the years, the research initiative has diversified and has become increasingly focused on the needs of the community we serve.

During this past fiscal year a significant emphasis was placed on embracing our original vision by reinvigorating, re-inventing, and enhancing our community-based participatory research.

The Hispanic Health Council Research Center conducts research and evaluation projects to improve systems, policies, and large-scale programs through an equity lens. Formative research engages community members in designing service interventions and evaluation research assesses outcomes and impact. As our work has progressed, we have identified a lack of culturally relevant health-related education and support services available to the Latino community. As a result, we have developed evidence-based services in response to these barriers. We conduct much of our research in highly productive, equitable, and academic partnerships.

We hired a new Research Director and Associate to lead our efforts to reach our goal: **To Achieve Social Justice and Health Equity through Social Action and Social Change.**



HIGHLIGHTS

System and Policy Advocacy Program

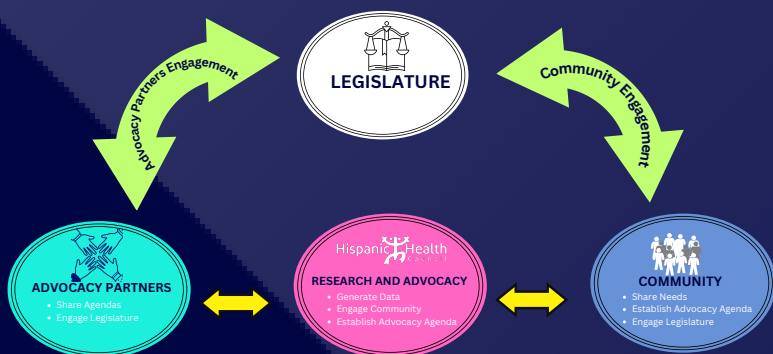
Our recently re-organized System and Policy Advocacy aims to impact the many barriers to health experienced by diverse communities at the causal level and to assure that conditions are in place for all people to achieve their highest level of health.

SYSTEM & POLICY ADVOCACY

One of the Hispanic Health Council's core pillars is system and policy advocacy, conducted to impact the many barriers to health experienced by diverse communities at the causal level.

The policy work has three areas we work in to ensure quality systemic change occurs. First, we work with other organizations and coalitions that align with our work so that we are collaborating with those who are doing similar advocacy work and not recreating it. We want to create shared policy agendas that push health equity forward. Second, the Policy Advocacy Department works closely with the Research Department to create data for policies we are supporting or opposing; this data helps strengthen why policies will work or not. Finally, and most importantly, we work with the impacted community by empowering them and ensuring their voices are at the center.

The overall goal is that laws are passed and implemented that ensure vulnerable communities can reach their highest level of health.

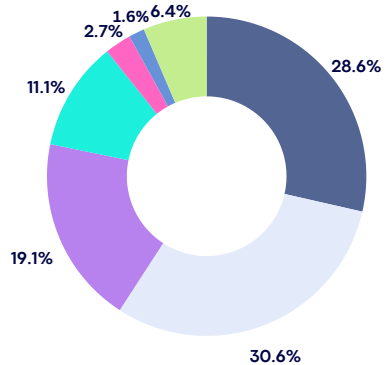


The Hispanic Health Council Board and executive leadership are committed to protecting the agency's assets, and operating its programs in a cost-efficient manner with optimal results. Furthermore, we are committed to a strong financial performance resulting in an ethical, diverse, growth-oriented organization.



REVENUE BREAKDOWN

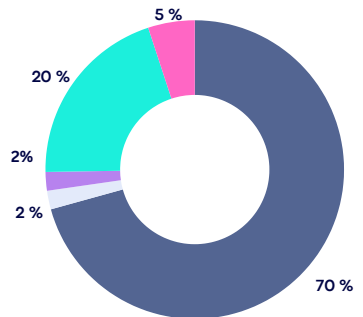
STATE GRANTS	\$ 1,427,954
FEDERAL GRANTS	\$ 1,332,668
COMMUNITY PARTNERS	\$ 889,072
CITY OF HARTFORD	\$ 516,107
THIRD PARTY BILLING	\$ 125,000
SERVICE CONTRACT	\$ 75,000
OTHER REVENUE	\$ 300,000



FOUNDATION DONATIONS AND SPONSORSHIPS NOT INCLUDED

EXPENSES BREAKDOWN

PROGRAMS AND SERVICES	
THIRD PARTY BILLING	
RESEARCH	
OTHER	
ADMINISTRATION	



Based on community feedback, research, and best practices from other communities, the Hispanic Health Council focuses its direct services in the following categories: integrated clinical care (behavioral health, primary care, pharmacy services), maternal health services, health protection and education services, parent and family services, community nutrition services, and holistic wellness.

We are committed to providing services that are evidence-based, culturally relevant, integrated, trauma informed, and equity focused. As a result, the impact on the Hispanic community is profound as is evidenced by the following examples of indisputable data.



17,795

clients served in the State of Connecticut. They received various support through our programs and services.

8,380

individuals were reached in the Greater Hartford Region through our Immunization Action Plan Program

53%

of our clients were children <18 that received services from our Community Nutrition, Parent and Family Learning and Maternal Health Centers.

94%

of our clients agreed or strongly agreed that they were satisfied with the services received.

79 %

of our clients said that their health improved because of the services received at HHC

147

women were provided with comprehensive maternal health, case management services and support.

964

encounters were completed at the Compassion Center, our Behavioral Health Clinic since it was relocated to Hartford in 2022

61

participants received individualized workforce preparation through our Mobile Employment Support Services

HHC BOARD OF DIRECTORS

Board Chair

Dr. Luis Diez-Morales

Board Vice-Chair

Jill Davies, JD

Board Treasurer

Will Perez

Board Secretary

Hilary Waldman, MPH

Board Members

- Dr. Elizabeth Bird
- Jennifer Doran, MBA-MHA
- David King
- Cecilia Kozlowski
- Dr. Yvette Martas
- Dr. Brianna Munoz
- Dane O’Leary-Clark
- Dr. María Teresa Restrepo-Ruiz
- Karen Taylor
- Dr. Charles R. Venator-Santiago
- Dr. Lisa Werkmeister Rozas

HHC LEADERSHIP TEAM

Kenneth A. Barela, MBA --- **Chief Executive Officer**

Dr. Andy Beltrán, MD --- **Chief Medical Officer**

Larry Wiggins Jr., BS, EA --- **Chief Financial Officer**

Sofía Segura-Perez, MS, RD --- **Chief Program Officer**

Melvin Gonzalez, BA HRM --- **Chief Human Resources Officer**

Joan Cruz, MS --- **Chief Administrative Officer**

Deborah Cruz, RN, CCM, MBA --- **Deputy Director**

Dr. Hassan Saleheen, MBBS, MPH --- **Director of Research**

Alicia Diaz, BA --- **Marketing Manager**

Gilma Tobias de Galdamez, BS --- **Director of Community Nutrition Center**

Yesenia Conde, BS --- **Director of Parent and Family Learning Center**

Teresita Marquez, BA --- **Family Wellness Center Manager**

FOUNDATION BOARD

Board Chair
Ana Alfaro

Treasurer
Russ Stone

Board Members

Jennifer Doran, MBA-MHA
Annette R. Larabee
Aaron Wartner, MBA

Community Partners

- CommuniCare
- Connecticut Oral Health Initiative
- CT Department of Public Health
- CT Department of Social Services
- CT State Department of Education
- Friends of Pope Park
- Goodwin University
- Greater Hartford Legal Aid
- Hartford Foundation For Public Giving
- Hartford Hospital
- Hartford Public Library
- Hartford Public Schools. Board of Education
- Hispanic Federation
- Levo International
- Mental Health CT
- Saint Francis Hospital
- State Judicial Branch
- State of Connecticut
- State of Connecticut Department of Emergency Services & Public Protection
- State of Connecticut Department of Mental Health and Addiction Services
- The Village for Families and Children
- United Way
- Universidad of Connecticut
- Universidad of Connecticut Health Center
- Wheeler Clinic
- Yale University



Thank you to our Donors and Sponsors

- Boca Pharmacy
- Buzz Engine
- Connecticut Health Institute
- Connecticut PBS
- CREC
- Eversource
- Goodwin University
- Hartford Hospital
- Hispanic Federation
- Mental Health Connecticut
- One Digital
- Safety First Transportation
- SINA
- Solvo
- Webster Bank
- YMCA Greater Hartford
- Anabel Figueroa
- Andrew Savo
- Angeles Diez
- Cecilia Kozlowski
- Dahiana Fulgencio
- Greg Jones
- Hilary Waldman
- Jeff Coates
- Jill Davies
- Jillian Kennelly
- Lisa Werkmeister Rozas
- Luis Diez-Morales
- Mayte Restrepo- Restrepo
- Mayur Desai
- Melvin Gonzalez
- Mona Heredia
- Olga Sharp
- Paul and Vilma Echtenkamp
- Raymond Mercado
- Rolando Martinez
- Sofia Segura
- Sonia Wilson
- Wayne Barela

*Thank
You*

Ways to Give

OUTRIGHT GIVING

Your outright gift of cash, securities, or other liquid assets will be graciously accepted and used right away to support the Hispanic Health Council's mission.

Online: Use our new online donation site by scanning the QR code below



Phone: We are happy to accept donations over the phone. Please contact Joan Cruz at

860-527-0856 ext 1253

Mail to:

Hispanic Health Council

175 Main Street

Hartford, CT 06106

Planned Gifts

When you choose to make a planned gift to the Hispanic Health Council, you ensure your legacy by supporting the future of Latino and other diverse communities. Please contact us for any questions you may have or to discuss a plan that will meet your philanthropic goals.

Wills & Living Trusts: The easiest and most common form of deferred gift is a charitable bequest in your will or living trust.

Lifetime Income Gifts: A lifetime income gift, such as a charitable gift annuity or a charitable remainder trust, can provide you with a fixed or variable payments for life. You can receive tax benefits and deductions as well.

Retirement Plan Gifts: When the Hispanic Health Council is named as a retirement plan beneficiary, whether primary or contingent, estate taxes do not apply.

In-Kind Gifts

The Hispanic Health Council welcome any donors that would like to provide gifts in kind. Gifts in kind, also referred to as in-kind donations, is a kind of charitable giving in which, instead of giving money to buy needed goods and services, the goods and services themselves are given.

Please contact us for any questions you have regarding donations of any kind.

Hispanic Health Council

Un puente hacia una vida saludable y justicia social con compasión y apoyo.



FOLLOW US

